



Welcome to Vida Spa

at the Fairmont Chateau Whistler

At Vida Spas, our philosophy is based on the therapeutic and restorative principles of the Ayurvedic healing system.

We believe optimal wellness comes from a life in balance. Our unique offering is personalized for you, diagnosing your dosha, rebalancing your energy, and providing a calming and elevated environment in which to relax and disconnect from the outside world.

We invite you to experience Vida Spas, to let us restore your body and spirit.



Call 604-938-2086
to book your Vida experience today

Sutton Place Hotel Vancouver
Westin Bayshore Hotel Vancouver
Fairmont Chateau Whistler

Live well. Live long. vidaspas.com

Ayurvedic Treatments

Ayurvedic Massage	60 min/\$250	90 min/\$375	120 min/\$500
Swedana (incl. Ayurvedic massage)	90 min/\$405	120 min/\$540	
Shirodhara (incl. Ayurvedic massage)	60 min/\$260	90 min/\$390	120 min/\$520

Body Therapies

Swedish Immune Building, Muscle Easing or Detoxifying Massage	60 min/\$245	90 min/\$370	120 min/\$490
Restorative Swedish Massage	60 min/\$230	90 min/\$345	120 min/\$460
Deep Tissue or Hot Stone Massage	60 min/\$245	90 min/\$370	120 min/\$490
Mother-To-Be Massage	60 min/\$240	90 min/\$360	120 min/\$480
Shiatsu for the Body	60 min/\$235	90 min/\$355	120 min/\$470
Ancient Thai Massage	60 min/\$240	90 min/\$360	120 min/\$480
Botanical Aromatherapy Massage	60 min/\$245	90 min/\$370	120 min/\$490
Sole Revival Reflexology Massage	60 min/\$225	90 min/\$340	120 min/\$450
RMT Classic Massage	60 min/\$255	90 min/\$370	120 min/\$485
RMT Deep Tissue Massage	60 min/\$270	90 min/\$395	120 min/\$515
Mindful Massage	60 min/\$245	90 min/\$370	120 min/\$490

Body Wraps and Exfoliations

Body Wrap with Exfoliation	60 min/\$250 (incl. cream application)	90 min/\$375 (incl. 45 min massage)	120 min/\$500 (incl. 75 min massage)
Body Exfoliation	60 min/\$245 (incl. 30 min massage)	90 min/\$370 (incl. 60 min massage)	120 min/\$490 (incl. 90 min massage)

Facials

Classic Balancing Facial	60 min/\$220	90 min/\$330
Oxygenating Facial	60 min/\$240	90 min/\$360
Hydrating Facial	60 min/\$240	90 min/\$360
Soothing Facial	60 min/\$235	90 min/\$355
Ayurvedic Facial	60 min/\$235	90 min/\$355
Active Repair Facial	60 min/\$240	90 min/\$360
Collagen Eye Treatment	30 min/\$135	
Collagen Facial	90 min/\$395	
Teen Facial	60 min/\$210	90 min/\$315
De-Stress Express Facial	30 min/\$110	
Express Active Repair Facial	30 min/\$120	
Power Eye Peel	30 min/\$115	

Additional Vida Experiences

Manicure Therapy	30 min/\$85	45 min/\$105 (with French polish or nourishing mask)	Polish change \$40
Pedicure Therapy	60 min/\$120	90 min/\$170 (with French polish or nourishing mask)	
Eyelash & Eyebrow Tint	30 min/\$65		
Upper Lip or Chin Wax	\$30		
Underarm Wax	\$30		
Bikini Wax	\$50+		
Brazilian/Full Bikini Wax	\$90+		
Full Arm Wax	\$70		
Full Leg Wax	\$85 / \$95 with bikini		
Half Leg Wax	\$70 / \$80 with bikini		

